CZ PeriCare II							
Programme 4 August to 21 August 2	025						
Obstetrics - doctors - Pařízek, Petrosova							
Midwifery - Benešová, Němcová							
	ian specialists in perinatology in the Czech sfer of know-how between Czech and Can		onal capacities and practical skills	s, to improve the quality of maternal and child care			
Monday 4.8. 2025	Tuesday 5.8. 2025	Wednesday 6.8. 2025	Thursday 7.8. 2025	Friday 8.8. 2025			
Starting time: 7:15	Starting time: 7:00	Starting time: 7:00	Starting time: 7:00	Starting time: 7:00			
Daily Morning Report							
Welcome introduction to the clinic the system of care in each department  Documentation medical vs. nursing documentation storage of medicines laundry storage disinfection Ordering systems Post-cesarean section care procedures	Department of Risky Pregnancy - rounds to the Department of Perinatology - recording of the daily decursion - assisting with medication and care of the pregnant woman - CTG, blood pressure, temperature measurement collection of biological material - procedure, tools Ultrasound findings and pathological cases Anesthesia consultation/documentation Delivery room - Preterm birth - Delivery management and postnatal care - Care of preterm newborns Amniocentesis (typically Wed, Thu, Fri)	Delivery room - Admission of woman in labor - Preparation - Care during all stages of labor - Epidural analgesia - Delivery management - Post-delivery injury treatmentl - Transfer to postpartum unit (6N)  Scheduled cesarean section admission: - Documentation - Preparation - Assistance in operating room - Transfer to PACU - Postoperative care in PACU  Prinatal seminar	Ward round on 6N (postpartum ward): - Documentation - Admission of postpartum women - Routine care and medication - Discharge and patient education - Room preparation for new patients - Difference in care: SC vs. vaginal birth - Transfer from PACU to 6N	Pregnancy OPD - check in - routine check - Indication for cesarean section (SC) - Induction of labor - Blood iron level Anesthesiology Consultation Importance of taking a detailed medical history Department of FFM – depending on availability Ultrasound in the 1st trimester Ultrasound in the 2nd trimester Ultrasound in the 3rd trimester			
Afternoon report							
Theory							
Explanation of the system of care for pregnant women in the Czechia Basic hygiene procedures in hospital departments Disinfection protocol	Premature rupture of membranes Threatened preterm labor System of intermediate care and care at perinatology centers In utero transport Bleeding Anesthesia options for SC	CTG – explanation of the curve Critical conditions in the delivery room Pain relief options during vaginal delivery When the patient can be transferred to the standard ward	Hygiene principles after childbirth Analgesia after C-section/vaginal delivery: - pain scale - options for effective analgesia Post-dural puncture headache - management	Why regularly monitor blood pressure, pulse, and weight When to perform a vaginal examination Importance of GBS (Group B Streptococcus) screening Explanation of individual prenatal screenings			

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Monday 11.8. 2025	Tuesday 12.8. 2025	Wednesday 13.8. 2025	Thursday 14.8. 2025	Friday 15.8. 2025				
Starting time 7:00								
Daily Morning Report								
Ward round in the physiological	Diabetes outpatient clinic:	Ward round in the P2 department:	Free	Emergency C-section:				
newborn unit:	- care for GDM (gestational diabetes	- cannula insertion		- indications				
- weighing, monitoring bilirubin	mellitus)	- case review of individual patients		- preparation				
levels	- care for type 1 diabetes (DM1)	- proposed treatment plans		- procedure				
- hearing/vision screening	- care for type 2 diabetes (DM2)	Preoperative examination –		- newborn care				
- newborn screening (heel prick	Explanation of different management	ECG, blood tests		Care for the woman in the PACU department				
test)	systems	Visit to ARO and NICU:		Care for the woman in the 6N department on day				
Delivery room	Patient education – diet, glucometer	- introduction to care and care hierarchy		0 after C-section				
- initial care of the newborn	Wound care outpatient clinic:	- assistance in the care of premature		First mobilization with the woman after C-section				
<ul> <li>bonding/first breastfeeding</li> </ul>	- care for C-section scar	infants		Care for the C-section scar in the 6N department				
- admission of the newborn to the	- care for episiotomy	IMP department:						
unit	- laser treatment	- introduction to care protocols						
<ul> <li>postnatal adaptation and</li> </ul>	High-risk pregnancy outpatient clinic	Delivery room - depending on the						
monitoring	Psychological support	situation						
- maternal education	Afternoon report	Afternoon report						
- first bath in the unit		NIGHT SHIFT						
<ul> <li>breastfeeding education</li> </ul>		On duty: Buryanek, Dostálek, Hornová						
Afternoon report								
1		Theory						
APGAR score	OGTT explanation		How to proceed in the event	VTE prevention				
ASTRUP (blood gas analysis)	Why monitor patients with GDM	HELLP syndrome	of a	Administration of LMWH				
Newborn screening		Anemia – why it should be monitored	communicable infectious	Pressure ulcer prevention				
SIDS prevention		CRP, cultures	disease					
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Monday 18.8. 2025	Tuesday 19.8. 2025	Wednesday 20.8. 2025	Thursday 21.8. 2025	Friday 15.8. 2025			
	Starting time	e 7:00					
Daily Morning Report							
Ward round in the P2 department	Ward round in the 6N department	Delivery room	Ward round in the	departure			
<ul> <li>entry of daily progress notes</li> </ul>	- documentation	- admission of the woman in labor	physiological newborn unit				
Assistance with administering	- admission of a patient to the	- preparation	- weighing, monitoring bilirubin				
medications	postpartum ward	- care for the laboring woman during	levels				
and providing care	- care for a woman in the 6N department	each stage of labor	- hearing/vision screening				
- documentation in nursing records	after spontaneous delivery/C-section	- delivery management	- newborn screening (heel				
- CTG, blood pressure and	- differences in care after C-section vs.	- epidural analgesia	prick test)				
temperature	spontaneous delivery	- treatment of postpartum injuries					
measurement	- daily medication/entry into medical	- transfer of the woman to the 6N	Delivery room:				
Collection of biological material -	records	department	- initial care of the newborn				
procedure and equipment	- discharge of the patient for home	Admission of the patient to the delivery	- bonding/first breastfeeding				
Ultrasound-detected pathologies	care/education	room	- admission of the newborn to				
and their management	- preparing the room for a new patient	for planned C-section:	the unit				
Meeting with a psychologist:	admission	- documentation	- postnatal adaptation and				
- explanation of the principles of		- preparation	monitoring				
psychological care for pregnant and		- assistance in the delivery room	- maternal education				
postpartum women		- transfer to the ICU	- first bath in the unit				
- demonstration of a psychological		- care for the woman in the ICU	- breastfeeding education				
interview							
- palliative care		Perinatal seminar					
	Afternoon F	Report					
	Theory	<i>y</i>					
Procedure during stillbirth							
Postpartum period – psychological			Evaluation of the stay				
conditions	Hygiene during the postpartum period		Questions and answers				
Practical skills:							
Administration of injections, medication							
delivery							
Blood sampling							
Preparation of infusions							
Care for C-section scar							
Blood pressure measurement							
CTG evaluation							
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