

CZ PeriCare II				
Programme 4 August to 21 August 2025				
Obstetrics - doctors - Pařízek, Petrosova				
Midwifery - Benešová, Němcová				
Aim: The aim of the stay of Cambodian specialists in perinatology in the Czech Republic is to strengthen their professional capacities and practical skills, to improve the quality of maternal and child care in Cambodia and to support the transfer of know-how between Czech and Cambodian experts.				
Monday 4.8. 2025	Tuesday 5.8. 2025	Wednesday 6.8. 2025	Thursday 7.8. 2025	Friday 8.8. 2025
Starting time: 7:15	Starting time: 7:00	Starting time: 7:00	Starting time: 7:00	Starting time: 7:00
Daily Morning Report				
Welcome introduction to the clinic the system of care in each department Documentation medical vs. nursing documentation storage of medicines laundry storage disinfection Ordering systems Post-cesarean section care procedures	Department of Risky Pregnancy - rounds to the Department of Perinatology - recording of the daily decursion - assisting with medication and care of the pregnant woman - CTG, blood pressure, temperature measurement collection of biological material - procedure, tools Ultrasound findings and pathological cases Anesthesia consultation/documentation Delivery room - Preterm birth - Delivery management and postnatal care - Care of preterm newborns Amniocentesis (typically Wed, Thu, Fri)	Delivery room - Admission of woman in labor - Preparation - Care during all stages of labor - Epidural analgesia - Delivery management - Post-delivery injury treatment - Transfer to postpartum unit (6N) Scheduled cesarean section admission: - Documentation - Preparation - Assistance in operating room - Transfer to PACU - Postoperative care in PACU Perinatal seminar	Ward round on 6N (postpartum ward): - Documentation - Admission of postpartum women - Routine care and medication - Discharge and patient education - Room preparation for new patients - Difference in care: SC vs. vaginal birth - Transfer from PACU to 6N	Pregnancy OPD - check in - routine check - Indication for cesarean section (SC) - Induction of labor - Blood iron level Anesthesiology Consultation Importance of taking a detailed medical history Department of FFM – depending on availability Ultrasound in the 1st trimester Ultrasound in the 2nd trimester Ultrasound in the 3rd trimester
Afternoon report				
Theory				
Explanation of the system of care for pregnant women in the Czechia Basic hygiene procedures in hospital departments Disinfection protocol	Premature rupture of membranes Threatened preterm labor System of intermediate care and care at perinatology centers In utero transport Bleeding Anesthesia options for SC	CTG – explanation of the curve Critical conditions in the delivery room Pain relief options during vaginal delivery When the patient can be transferred to the standard ward	Hygiene principles after childbirth Analgesia after C-section/vaginal delivery: - pain scale - options for effective analgesia Post-dural puncture headache – management	Why regularly monitor blood pressure, pulse, and weight When to perform a vaginal examination Importance of GBS (Group B Streptococcus) screening Explanation of individual prenatal screenings

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Monday 18.8. 2025	Tuesday 19.8. 2025	Wednesday 20.8. 2025	Thursday 21.8. 2025	Friday 15.8. 2025
Starting time 7:00				
Daily Morning Report				
Ward round in the P2 department - entry of daily progress notes Assistance with administering medications and providing care - documentation in nursing records - CTG, blood pressure and temperature measurement Collection of biological material – procedure and equipment Ultrasound-detected pathologies and their management Meeting with a psychologist: - explanation of the principles of psychological care for pregnant and postpartum women - demonstration of a psychological interview - palliative care	Ward round in the 6N department - documentation - admission of a patient to the postpartum ward - care for a woman in the 6N department after spontaneous delivery/C-section - differences in care after C-section vs. spontaneous delivery - daily medication/entry into medical records - discharge of the patient for home care/education - preparing the room for a new patient admission	Delivery room - admission of the woman in labor - preparation - care for the laboring woman during each stage of labor - delivery management - epidural analgesia - treatment of postpartum injuries - transfer of the woman to the 6N department Admission of the patient to the delivery room for planned C-section: - documentation - preparation - assistance in the delivery room - transfer to the ICU - care for the woman in the ICU Perinatal seminar	Ward round in the physiological newborn unit - weighing, monitoring bilirubin levels - hearing/vision screening - newborn screening (heel prick test) Delivery room: - initial care of the newborn - bonding/first breastfeeding - admission of the newborn to the unit - postnatal adaptation and monitoring - maternal education - first bath in the unit - breastfeeding education	departure
Afternoon Report				
Theory				
Procedure during stillbirth Postpartum period – psychological conditions	Hygiene during the postpartum period		Evaluation of the stay Questions and answers	
Practical skills:				
Administration of injections, medication delivery Blood sampling Preparation of infusions Care for C-section scar Blood pressure measurement CTG evaluation				