CZ PeriCare II				
	2005			
Programme 4 August to 21 August 2				
Obstetrics - doctors - Pařízek, Petro	sova			
Midwifery - Benešová, Němcová				
	ian specialists in perinatology in the Czech sfer of know-how between Czech and Car		onal capacities and practical skills	s, to improve the quality of maternal and child ca
Monday 4.8. 2025	Tuesday 5.8. 2025	Wednesday 6.8. 2025		Friday 8.8. 2025
Starting time: 7:15	Starting time: 7:00	Starting time: 7:00	Starting time: 7:00	Starting time: 7:00
Daily Morning Report			•	
Welcome introduction to the clinic the system of care in each department Documentation medical vs. nursing documentation storage of medicines laundry storage disinfection Ordering systems Post-cesarean section care procedures	Department of Risky Pregnancy - rounds to the Department of Perinatology - recording of the daily decursion - assisting with medication and care of the pregnant woman - CTG, blood pressure, temperature measurement collection of biological material - procedure, tools Ultrasound findings and pathological cases Anesthesia consultation/documentation Delivery room - Preterm birth - Delivery management and postnatal care - Care of preterm newborns Amniocentesis (typically Wed, Thu, Fri)	Delivery room - Admission of woman in labor - Preparation - Care during all stages of labor - Epidural analgesia - Delivery management - Post-delivery injury treatmentl - Transfer to postpartum unit (6N) Scheduled cesarean section admission: - Documentation - Preparation - Assistance in operating room - Transfer to PACU - Postoperative care in PACU Perinatal seminar	(postpartum ward): - Documentation - Admission of postpartum women - Routine care and medication - Discharge and patient education - Room preparation for new patients	Pregnancy OPD - check in - routine check - Indication for cesarean section (SC) - Induction of labor - Blood iron level Anesthesiology Consultation Importance of taking a detailed medical history Department of FFM – depending on availability Ultrasound in the 1st trimester Ultrasound in the 3rd trimester Ultrasound in the 3rd trimester
Afternoon report				
Theory				
Explanation of the system of care for pregnant women in the Czechia Basic hygiene procedures in hospital departments Disinfection protocol	Premature rupture of membranes Threatened preterm labor System of intermediate care and care at perinatology centers In utero transport Bleeding Anesthesia options for SC	CTG – explanation of the curve Critical conditions in the delivery room Pain relief options during vaginal delivery When the patient can be transferred to the standard ward	childbirth Analgesia after C- section/vaginal delivery:	Why regularly monitor blood pressure, pulse, and weight When to perform a vaginal examination Importance of GBS (Group B Streptococcus) screening Explanation of individual prenatal screenings

Monday 11.8. 2025	Tuesday 12.8. 2025		Thursday 14.8. 2025	Friday 15.8. 2025
		Starting time 7:00		
	I=	Daily Morning Report	-	I=
Ward round in the physiological	Diabetes outpatient clinic:	Ward round in the P2 department:	Free	Emergency C-section:
newborn unit:	- care for GDM (gestational diabetes	- cannula insertion		- indications
- weighing, monitoring bilirubin	mellitus)	- case review of individual patients		- preparation
levels	- care for type 1 diabetes (DM1)	- proposed treatment plans		- procedure
- hearing/vision screening	- care for type 2 diabetes (DM2)	Preoperative examination –		- newborn care
- newborn screening (heel prick	Explanation of different management	ECG, blood tests		Care for the woman in the PACU department
test)	systems	Visit to ARO and NICU:		Care for the woman in the 6N department on day
Delivery room	Patient education – diet, glucometer	- introduction to care and care hierarchy		0 after C-section
- initial care of the newborn	Wound care outpatient clinic:	- assistance in the care of premature		First mobilization with the woman after C-section
 bonding/first breastfeeding 	- care for C-section scar	infants		Care for the C-section scar in the 6N department
- admission of the newborn to the	- care for episiotomy	IMP department:		
unit	- laser treatment	- introduction to care protocols		
- postnatal adaptation and	High-risk pregnancy outpatient clinic	Delivery room - depending on the		
monitoring	Psychological support	situation		
- maternal education	Afternoon report	Afternoon report		
- first bath in the unit	·	NIGHT SHIFT		
- breastfeeding education		On duty: Buryanek, Dostálek, Hornová		
Afternoon report		On daty. Baryanek, Bostalek, Homeva		
		Theory		
APGAR score	OGTT explanation	Preeclampsia	How to proceed in the event	VTE prevention
ASTRUP (blood gas analysis)	Why monitor patients with GDM	HELLP syndrome	of a	Administration of LMWH
Newborn screening		Anemia – why it should be monitored	communicable infectious	Pressure ulcer prevention
SIDS prevention		CRP, cultures	disease	

Monday 18.8. 2025	Tuesday 19.8. 2025	Wednesday 20.8. 2025	Thursday 21.8. 2025	Friday 15.8. 2025
	Starting time	e 7:00		
Daily Morning Report				
Daily Morning Report Ward round in the P2 department - entry of daily progress notes Assistance with administering medications and providing care - documentation in nursing records - CTG, blood pressure and temperature measurement Collection of biological material – procedure and equipment Ultrasound-detected pathologies and their management Meeting with a psychologist: - explanation of the principles of psychological care for pregnant and	Ward round in the 6N department - documentation - admission of a patient to the postpartum ward - care for a woman in the 6N department after spontaneous delivery/C-section - differences in care after C-section vs. spontaneous delivery - daily medication/entry into medical records - discharge of the patient for home care/education - preparing the room for a new patient admission	 delivery management epidural analgesia treatment of postpartum injuries transfer of the woman to the 6N department Admission of the patient to the delivery room for planned C-section: documentation preparation assistance in the delivery room 	physiological newborn unit - weighing, monitoring bilirubin levels - hearing/vision screening - newborn screening (heel prick test) Delivery room: - initial care of the newborn - bonding/first breastfeeding - admission of the newborn to the unit - postnatal adaptation and monitoring - maternal education	departure
psychological care for pregnant and postpartum women - demonstration of a psychological interview - palliative care	Afternoon F	- transfer to the ICU - care for the woman in the ICU Perinatal seminar	Inaternal education first bath in the unit breastfeeding education	
	Theory	-		
Procedure during stillbirth Postpartum period – psychological conditions	Hygiene during the postpartum period		Evaluation of the stay Questions and answers	
Practical skills:				
Administration of injections, medicati delivery Blood sampling Preparation of infusions Care for C-section scar Blood pressure measurement CTG evaluation	on			